Patience

Patience is a Godly attribute. Do any of us have patience compared to God or Christ? The truthful answer is NO. Humans live in an instant gratification world and have NONE. Father has so much patience compared to us, with all our stiff-necked, arrogant ways. Think about how LONG God has held His anger with us for not obeying His Commandments and Laws and all His Divine Will for us which is good for us. Look at the mess this world is in because we have disobeyed HIM. All of this chaos and nonsense makes Him very sad.

Patience is allowing others to have free will choice when you know Father's Will is opposite of their decisions.

Patience and love for another is when you see how God provides safety and security but goes unnoticed.

When others are being ungrateful of Father's mercy on them, taking it for granted.

Patience is quickly learned when someone is out right lying to your face, you know they are, they know it and continue to do so. You patiently question them to flush out the truth.

It is hard to have patience with people who are uncaring about your situation, when you're suffering for long periods of time and they choose to be self absorbed in their own little bubble.

It is hard to continue to have patience for years with some one who is stiff-necked, argues back, choosing to walk in false hope rather than Father's Will.

Having patience, trust and Faith when thieves break in, steal your life savings and continue to spend it to fight against you in the satanic courts, then lying on every turn to have their greedy selfish way at trying to leave you destitute and homeless. Never fear, continue patiently calling on God and The Lord, They hear and provide for the fatherless and widows.

Patience is when someone has uncontrollable anger spewing out all over you and then accusing you of having anger and you're still able to smile and say something kind. It is hard to remain calm and caring when they are screaming at you for no good reason.

Patience is a Godly virtue we should all strive to attain.

PATIENCE is the little things that will help achieve a better you.

Patience is waiting and waiting some more for someone to come to their senses, wake up to the truth of the matter they are in denial about.

Patience is showing others time and time again how to do something and it is still wrongly interpreted performed incorrectly.

Patience is being helpful to another going through depression when you see they clearly brought it ALL on themselves.

Patience is needed to have unwavering faith and trust in Father and TM to guide you through life's darkest moments; when you are going to be thrown in jail for standing up for The Truth, they put you on house arrest, you have no legal (?) defense, you're putting all your faith in Father and The Master/Christ to protect you from this evil beast system that wants to throw the key away. Patience, then Father moves in mysterious ways to your defense.

\*\*Patience\*\*

\*\*Take heart. There is not a single problem that you cannot solve if you will learn to be patient. It is said that we are the sum total of our experiences. Unfortunately, many of us are burdened by our past: our bad decisions, our guilt's, our self-destructive escapes. Unless we learn to respond properly to each new stress in the present, we simply build upon that troublesome past. And without emotional self-control, the conditioning of the past continues to come through our current experiences to become our future. Calamities come into our lives because we have chosen NOT to listen to Father. Learn to move forward in loving patience with ones self.\*\*

\*\*Psalm 37:7 Rest in the "I AM", and wait patiently for Him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.\*\*

\*\*Psalm 25:3 Yea, let none that wait on Thee be ashamed: let them be ashamed which transgress without cause.\*\*

\*\*Psalm 25:5 Lead me in Thy truth, and teach me: for Thou [art] the God of my salvation; on Thee do I wait all the day.\*\*

\*\*Practicing patience is essential to retaining your own identity in a pressure-filled world.\*\*

The wrong emotional reaction to various pressures is making more and more people sick and depressed, driving them ever deeper into conflict with themselves. In trying to solve pressure-caused conflicts, many people turn to consciousness-reducing aids like drink, tobacco and drugs—legal and illegal.

Compulsively reacting to people and things represents a subtle form of slavery to a variety of pressure sources. As the relentless pressures that people apply (sometimes in the name of God and good) cause you to react, your angry reaction throws you out of control so that you can no longer live your own life and you end up feeling confused and depressed due to emotions.

Most of your work, family, and even sexual problems, arise directly from your failing to respond in a right way to what is wrong in the people around you and failing to see your own wrong doing. Sadly, this all too often manifests in your taking out the resulting frustrations on your loved ones with bottled-up anger spewing out like a volcano all over them. Conflict with yourself translates into conflict with others.

\*\*Words of Wisdom:\*\* \*God, please grant me the serenity, to accept the things that I can not change; the courage, to change the things that I can change; and the Wisdom, to always know the difference between the two.\*

Most of the things that are wrong with your life, your marriage, your health and your children can be resolved by discovering how to truly control your emotions—without unbearable suppression.

One bad emotional upset can ruin your whole day. And being chronically angry or upset can literally turn your life upside-down. Even though you may be technically correct in what you say or do, if you do it resentfully, your emotions can betray you. You begin to doubt yourself, which causes conflict, depression, and paralyzing fear, hatred and wrath. Hatred is not Love.

Emotions destroy your being objective and in failing to see clearly, you make terrible errors of judgment when emotional, and females are more apt to this condition than males, who generally speaking, are logical and have reasoning, or they are supposed to have this. The results of bad judgments lead to a fear of making decisions, so that you may begin to look too much to others for guidance instead of turning inward for your good answers.

To avoid all these unpleasant repercussions, you must learn how to be patient with selfish and thoughtless people. You must learn to remain poised and calm under pressure; otherwise your anger and aggression will push others away.

‘Successful’ domineering (unprincipled) people drain you and make your life wretched; they can always be sure of confusing and controlling you through your over sensitivity to their pressure.

Your out-of-control emotions condition you to respond more and more as an animal, your animal instincts are there, and less and less as a controlled human+Being, until everything you think, feel, do, and say in that emotionally charged state of mind brings with it more conflict, fear, and despair. Fear can not live where LOVE abounds in thought, word, and deed.. Overreaction to stress can, and usually does, lead to the appearance of physical symptoms, as well as opportunistic diseases from being run down.

You must learn to cope with pressures, and unpleasantness of this life, it's not going away. If you can do that, if you can put the emphasis where it belongs, on standing up for your principles with calm patience and self-control, you can stave off inner destruction.

\*\*Hebrews 10:36 For ye have need of patience, that, after ye have done the Will of God, ye might receive the promise\*\*.

The way we react to pressure is the cause of most of our suffering. Indeed, upsetting us is the primary technique manipulative people use to motivate. Perhaps something or someone is aggravating the life out of you. Therefore, learn to be patient before the opportunity to help them passes you by to be helpful in a patient kind way.

In marriages patience with one another pays, they can learn to relate correctly and move back toward a 'Garden of Eden', man being lead by Christ and Father and woman following that man. They can work to find the Creator’s love, instead of lower level sexual, ego-stroking or other lower human types of “love”. Love is one of the MOST misunderstood words in the English language. To a human “I love you” means I love what you do for me, have children for me, buy me birthday gifts, new car, new house, nice furniture, and attend to all my emotional needs. A spirit Being is content with out all this fuss. \*\*God and His Son, Christ are the epitome of patience\*\*; think about it. In turn, we can exhibit patience with others through the help of the Holy Spirit. Christ Jesus walked the face of the earth with out material processions yet He was richer than us. Materialism kills spirituality ([Matt. 6:24](https://jahtruth.net/kofk-free/45matt.htm" \l "6_24)).

<b>James 1:19 Wherefore, my beloved brethren, let every man BE SWIFT TO HEAR, SLOW TO SPEAK, SLOW TO WRATH:

1:20 For the wrath of man worketh NOT the righteousness of God.</b>

Becoming aware of one’s own flaws is rarely pleasant, and is particularly upsetting if one resists knowing the truth. But if one desires the truth about oneself, relationships offer a process of purification which leads to changes and maturity, that in turn leads to happiness. This is the purpose of relationships. Seek God first and all else will fall into place ([Matt. 6:33](https://jahtruth.net/kofk-free/45matt.htm" \l "6_33)).

\*\*1 Corinthians 2:9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love Him.\*\*

Through the shock of emotional upset, \*\*especially resentment\*\*, a compelling or morbid suggestion can be planted in your subconscious mind. Even if your reaction causes you to struggle against the suggestion, you may still find yourself obliged to give in to ease the pain that your emotional resistance causes. Your life becomes a weary struggle encumbered by subliminal suggestions, much like driving your car with the brakes on.

Giving in to pressure-mongers, who then praise you for your conformity, is a common but unhealthy ‘people-pleasing syndrome’ that you often mistake for love and loyalty. Don’t be deceived. It takes place between wife and husband, between mother and child, and even between churches and their parishioners.

It is very hard to say “no” to pushy, irritating people. They seem to know all the right buttons to push. You tend to favor people who apply pressure: your boss, your wife, or even your kids. And when you finally reach the breaking point, you may rebel against study, work, even family. The result can be a retreat into some form of self-destructive escape, or else a debilitating disease or nervous breakdown which is really the self taking over.

It all boils down to this: overreaction to stress is your weakness, your Achilles’ heel. All heartless, power-hungry, unprincipled people instinctively know how to make your emotions work for them and they will have no qualms about casting you aside after you are used and broken.

The world is dominated by tyrants, teasers and psychopaths. Some of them get to you through cruelty, while others manipulate you with a holier-than-thou, irritating kindness. They might use both methods to confuse you, being mean one moment and ‘kind’ the next. Their bold, unprincipled manner upsets you, and because being upset is the wrong way to deal with others, you feel guilty. That guilt, making you feel wrong, can make the intimidator seem right in your eyes.

Then, suddenly changing roles and becoming ‘nice,’ the intimidator can intensify your guilt feelings and your sense of being wrong, making you doubt yourself even more. In that manner you are made to believe that they were right all along. And so you learn to go along with their wishes. You find yourself doing things you would never have done in your right mind, and that upsets you all over again. This vicious cycle, with a built-in upset factor, repeats itself endlessly, until you can feel like killing them or yourself.

Human beings are not meant to be externally motivated like animals but, because of a little understood ego-weakness, we are. That is why we all have paralyzing conflicts, anxieties, and fears. This is the basis of all our problems. Until you discover the secret of turning yourself on from what you realize is right deep down in your heart, you will always be an externalized human being, compelled to act against your own better judgment, hurting people you love, and doing things for which you are sorry later.

Instead of reacting with upset, what if you could learn to look injustice straight in the eye, without flinching—patiently, calmly and with endless endurance? Surely then you would not have the problems of repressing or expressing resentment. You would be in control. This then is the basis for a truly enlightened stress-reduction program: learning the secret of self-control through patience.

I know what you want. You want relief from your nervous tension and guilt feelings. You want solutions to your family problems and sex problems. You want to stop smoking, drinking and overeating—you want happiness. But you will never find what you are seeking until you discover the hidden root cause of your trouble, which is that you allow people to upset you.

Emotional self-control is the key you are seeking. Setting boundaries with your SELF will eliminate your problems. \*\*Your very life depends on your responding in a right way to what is wrong with you, so that it cannot destroy your peace and calm. Are you quick to blame someone else? It’s not you or is it?\*\*

Your main line of defense is to stay calm and patient. Seeing you unmoved, the motivator’s tactics backfire on him. He or she becomes upset, loses power, and panics. The game is over. So learn to put up an invisible, impenetrable force shield of calm patience around you. It will allow the good to come through, but will stop the ugly world from getting in and growing up inside you to control your destiny. Indeed it is wonderful to act with \*\*patience\*\* rather than with anger. Don’t Re-act; act with patience.

\*\*Proverbs 15:18 A wrathful man stirreth up strife: but [he that is] slow to anger appeaseth strife\*\*.

To put up an invisible, impenetrable force shield of calm patience around you, you must learn to deal properly, without resentment, to pressures of any kind.

\*\*Words of Wisdom:\*\* \*God, please grant me the serenity, to accept the things that I can not change; the courage, to change the things that I can change; and the Wisdom, to always know the difference between the two.\*

Thinking back-to-front, like humans do, causes frustration, because we have not gotten our (selfish) way. We are so busy trying to get what we want, when we want it, and scheming on how to achieve this in this world of instant gratification, that we forget to ask God what He wants ([Matt. 6:10](https://jahtruth.net/kofk-free/45matt.htm" \l "6_10)) us to do, much less have the patience to wait for His answer. Just remember, \*\*EVERYTHING\*\* happens for a Divine reason; it is up to each of us to have the faith to find out why. It is the faithful search for that Divine reason (the journey) that brings us joy, which is the remedy to all life’s problems.

God, the source of spiritual love (God is love), is the answer to EVERY question, problem, or illness in your life. Once you have found God, and acknowledge Him, as your Father, you automatically have the solution to every problem and illness, so long as you have “DIRECT” contact, and do what He tells you to do (His Will). Turning to God and His Love will always engender the perfect patience you seek.